

## Jeremy Sutherland, Carleton

Apple Valley, Minn. / St. Bernard's

Week of: 2010-03-01



Carleton College junior guard **Jeremy Sutherland** (Apple Valley, Minn./St. Bernard's) averaged 18.3 points, 4.3 assists, 3.3 rebounds, and 2.0 steals in leading the Knights to their first MIAC Playoff Championship. Sutherland opened the post-season with a 13-point, five-assist game in Carleton's 71-63 victory over Hamline, during which Sutherland limited the Ray Brown, the MIAC's leading scorer during the regular season, to only nine points. In the semifinals, Sutherland scored 18 of his 20 points in the second half as the Knights knocked off top seed and national No. 3 St. Thomas, 73-67. He again played a huge role at both ends of the floor, limiting Tyler Nicolai, the Tommies' leading scorer, to nine points and none over the final 13 minutes. In the MIAC Finals, Sutherland paced Carleton with 22 points, including seven in overtime, as the Knights secured their second trip to the NCAA Tournament with a 78-71 overtime triumph, becoming only the second MIAC team, and first since 1991, to win post-season games at both St. Thomas and Gustavus. Carleton will play at Wisconsin-Stevens Point in the opening round of the NCAA Tournament.

## Alex Healy, St. Thomas

White Bear Lake, Minn. / White Bear Lake

Week of: 2010-02-22

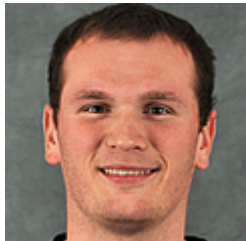


University of St. Thomas junior guard **Alex Healy** (White Bear Lake, Minn.) had a another solid week and helped the Toms post double-digit wins over playoff teams Gustavus (75-51) and Hamline (80-69). He averaged 15 points, 4.5 rebounds, 3.5 assists and two steals. UST is 12-0 since Healy joined the starting lineup, and UST is 26-0 on his career when he scores in double figures. He has a 2-to-1 assist/turnover ratio and is shooting 48% from 3-point range this season. The No. 3-ranked Toms became just the fourth team to reach 19 conference wins since the MIAC schedule expanded in 1984.

## Seth Jonker, Carleton

Apple Valley, Minn. / Eastview

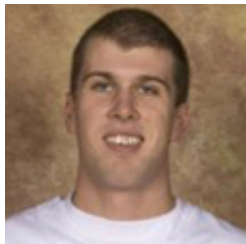
Week of: 2010-02-15



Carleton College junior forward **Seth Jonker** (Apple Valley, Minn./Eastview) improved upon his season averages in points, rebounds, assists and steals in leading Carleton to a 68-60 overtime victory over Augsburg. In the process the Knights clinched their ninth straight trip to the MIAC Playoffs. In Saturday's win, Jonker notched his second double-double of the season (and third of his career), totaling 21 points and 12 boards, with both figures representing game highs. He added three steals and two assists while shooting 61.5 percent (8-of-13) from the field, including 2-of-3 from beyond the arc. Jonker ranks sixth in the MIAC in scoring (14.6 ppg) and fourth in field-goal percentage (.550). After beginning the conference schedule 3-7, the Knights have won seven of the last eight, with the only setback being a three-point loss to No. 5 St. Thomas. During this stretch, which has included games against the other five playoff teams, Jonker has averaged 16.1 points, 7.0 rebounds, 2.6 assists, and 1.0 steals.

## John Fraase, Concordia

Bismarck, N.D. / Century  
Week of: 2010-02-15



Concordia College junior forward **John Fraase** (Bismarck, N.D./Century) averaged 19.5 points and 12.8 rebounds per game in the Cobbers road wins at Macalester and Saint Mary's. The two wins helped Concordia get back to the .500 mark in all games since the middle of January. Fraase's excellent play has coincided with Concordia's current four-game winning streak. Against Macalester on Wednesday in the team's 76-50 win, Fraase had 14 points and 10 rebounds and shot 42.9% (6-for-14) from the floor. Fraase saved his best game for Saturday when the Cobbers beat Saint Mary's 74-66. Fraase had a season-high 25 points against the Cardinals, added 14 rebounds and shot 50.0% (10-for-20) from the floor. Fraase has posted double-doubles in his last four games and has 12 for the season. He has also scored at least 18 points in three of the last four games.

## Carl Hipp, Hamline

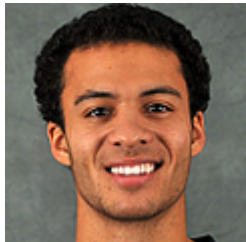
Little Canada, Minn. / Totino-Grace  
Week of: 2010-02-08



Hamline University junior center **Carl Hipp** (Little Canada, Minn./Totino-Grace) averaged a double-double for the week while shooting over 71 percent from the field as he led Hamline to a 3-0 week. He also joined the 1,000 career point club in the process. Hipp averaged 26.7 ppg, 10.7 rpg, three blocks per game and shot 71.4 percent (30-42) from the field. He also made 80.0 percent of his free throws (20-25). In Monday night's 86-83 win over Concordia, Hipp tallied 22 points and pulled down six boards. He then had 29 points, 14 rebounds, and five blocks in an 87-71 win over a Bethel team that had won three straight and five of six. In the 66-63 win over second-place Gustavus on Saturday, Hipp again had 29 points and pulled down 12 rebounds.

## Jeremy Sutherland, Carleton

Apple Valley, Minn. / St. Bernard's  
Week of: 2010-02-01



Carleton College junior guard **Jeremy Sutherland** (Apple Valley, Minn./St. Bernard's) sparked the Knights to a pair of victories last week as Carleton moved back into the playoff picture thanks to a four-game win streak. He had 13 points, four rebounds, two assists, two steals and a block in Carleton's victory over Concordia on Wednesday. On Saturday, Sutherland made huge impacts at both ends of the floor in the Knights' 65-60 win over then third-place Hamline. He finished with a game-high 20 points to go along with four steals, two assists and two blocks. Defensively, Sutherland helped limit Ray Brown, the MIAC's leading scorer, to 11 points, which was nearly eight points below his average in conference games. Sutherland has been crucial during the Knights' current win streak. His primary defensive assignments have gone a combined 4-of-23 (17 percent) from the field, scoring 13 total points as he has limited those four players to an average of 7.98 points below their conference scoring average. Sutherland is only MIAC player to rank among league overall leaders this season in points (12.5), assists (3.0), steals (1.4), and blocks (0.9).

## Nate Robertson, Bethel

Forest Lake, Minn. / Forest Lake  
Week of: 2010-01-25



Bethel University senior center **Nate Robertson** (Forest Lake, Minn.) had an outstanding week as he not only helped the Royals to a 2-1 record, but also reached a personal milestone in the process. Bethel's starting center averaged 19 points in his three games and recorded two double-doubles, surpassing his season average in nearly every category. On Monday against Carleton, Robertson was the game's leading scorer with 16 points and 12 rebounds, and the Royals were victorious 70-61. He then went on to score 14 points against Saint John's on 5-for-8 shooting from the floor, and 4-for-4 shooting from the free-throw line. His first two points of the night against the Johnnies helped him reach 1,000 in his career. Finally, on Saturday, Robertson scored a career-high 27 points and also came down with 11 rebounds for his second double-double of the week, and third of the season (all in the last five games). He is among the top 10 scorers in the conference and among the top five rebounders through last Saturday's games.

## Chris Palmer, Saint Mary's

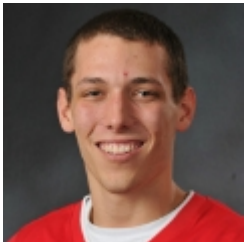
Faribault, Minn. / Faribault  
Week of: 2010-01-18



Saint Mary's University first-year forward **Chris Palmer** (Faribault, Minn.) averaged a double-double for the Cardinals last week. The freshman forward kicked off the week with 13 points and 11 rebounds against fifth-ranked St. Thomas, then followed that up with 21 points and 13 boards against St. Olaf two days later. Palmer saved his best for last, knocking down five 3-pointers en route to a career-best 26 points in SMU's 71-55 victory over Concordia on Saturday. Palmer also had nine boards vs. the Cobbers, missing his third straight double-double - and fourth of the season - by one rebound.

## Aaron Burtzel, Saint John's

Cold Spring, Minn. / Rocori  
Week of: 2010-01-11



Saint John's University junior forward **Aaron Burtzel** (Cold Spring, Minn./Rocori) shot 81.0 percent (17-21) and averaged a double-double (14.7 points, 10.0 rebounds) with a 2.75 assist/turnover ratio in the Johnnies' three MIAC victories last week. He posted 17 points, 12 rebounds and four assists for his fifth double-double of the season in the 87-81 win over St. Olaf last Monday, followed by 11 points (5-6 shooting), eight rebounds and seven assists in the 77-62 win over Augsburg on Wednesday. Burtzel ended the week by earning the first recorded triple-double in school history with 16 points (7-9 shooting), 11 assists and 10 rebounds in the 74-61 win against Concordia on Saturday. Burtzel currently leads the MIAC (conference games only) in shooting percentage (.750, 42-56), assists (5.57 apg.) and minutes played (36.14 mpg.), is second in rebounding (9.9 rpg.), third in assist/turnover ratio (2.17) and is tied for sixth in scoring (14.6 ppg.). He is currently seventh on the school's known rebounding list with 528 career boards, and is eighth with 233 career assists.

## Carl Hipp, Hamline

Little Canada, Minn. / Totino-Grace  
Week of: 2010-01-04



Hamline University junior center **Carl Hipp** (Little Canada, Minn./Totino-Grace) named the MVP for the Thrivent Financial for Lutherans Tournament at Cal Lutheran in Thousand Oaks, California. He led Hamline to a 69-68 upset of #8 Wheaton and then to a 66-58 win over Cal Lutheran in the championship game. On Saturday he tallied a double-double in the Pipers' MIAC win over Carleton, 77-65. In the game against #8 Wheaton, Hipp had a driving layup with 1.1 seconds on the clock for the winning basket. He had a game-high 19 points and added nine rebounds and three blocked shots in that game. During the title game he added 10 points, six rebounds, and two blocks. Upon the Pipers' return to conference play, Hipp had 16 points and 12 boards.

## Mark Torell, St. Olaf

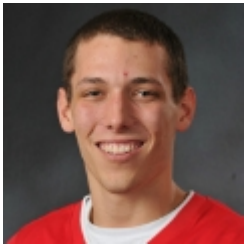
Plymouth, Minn. / Robbinsdale Armstrong  
Week of: 2009-12-14



St. Olaf College senior guard **Mark Torell** (Plymouth, Minn./Robbinsdale Armstrong) averaged 24.0 points/game in the Oles' 2-0 week with wins over Hamline (75-68) and Carleton (80-77). He went 11-for-19 from the field and 5-for-5 from the line in the win over the Pipers on Monday, scoring 14 in the second half. On Wednesday, he went 5-for-10 from three-point range, including a shot that gave St. Olaf a five-point lead (80-75) with 2:17 left in overtime. In the Oles' 2-1 start in league play, Torell is averaging 22.7 points/game.

## Aaron Burtzel, Saint John's

Cold Spring, Minn. / Rocori  
Week of: 2009-12-07



Saint John's University junior post **Aaron Burtzel** (Cold Spring, Minn./Rocori) recorded his second consecutive double-double with 13 points, 12 rebounds and added six assists in the Johnnies' 67-61 win over Bethel in their MIAC opener on Dec. 2. His sixth assist was the 200th of his career. He then led SJU with 18 points and eight rebounds on eight of 11 shooting in the 66-55 loss to Carleton on Dec. 5. Burtzel is currently second in the MIAC in rebounding (tied for first in conference games only) and third in both assists (second in conference games only) and minutes played (33.86 mpg.; first in conference games only).